

PLAN FEATURES

State of Alaska -Political Subdivisions Effective Date: 07-01-2025 Open Choice® PPO - Alaska Qualified High Deductible Health Plan

OUT-OF-NETWORK

PLAN DESIGN & BENEFITS MEDICAL PLAN PROVIDED BY AETNA LIFE INSURANCE COMPANY

IN-NETWORK

Benefit limitations - Some service or	r supplies have limits on them per year. 7	There might be a maximum number of
	r. In such cases, the benefit year begins	on January 1 (unless otherwise noted).
Refer to your plan documents to learn		
Deductible (per calendar year)	\$1,650 per Individual	\$2,500 per Individual
	\$3,300 per Individual + Dependent	\$3,300 per Individual + Dependent
_	\$3,300 per Family	\$5,000 per Family
	h your in-network and out-of-network de	
	fore the plan begins paying benefits, unle	
	r some medical services does not count	
	the deductible. Refer to your plan docum	
	then all family members have met it for t	he rest of the year. There is no
individual deductible for members of a Member coinsurance	You pay 20%	You pay 40%
	• •	10u pay 40%
Applies to all expenses except as note Out-of-pocket limit (per calendar)	\$7,000 per Individual	\$7,000 per Individual - \$1,000
year)	\$8,550 per Individual + Dependent	additional limit for non-participating
year)	\$0,550 per marviadar + Dependent	hospital expenses
		\$7,000 per Individual + Dependent
	\$14,000 per Family	\$14,000 per Family - \$2,000
	\$14,000 per raining	additional limit for non-participating
		hospital expenses
Covered expenses add up toward hot	h your in-network and out-of-network out	
Your pharmacy expenses count toward		t-or-pocket limit at the same time.
In-network expenses include coinsura		
	nsurance and deductibles. Penalty amour	nts do not apply
	et limit. You will meet it when the expense	
	person will have to pay more than the inc	
Lifetime maximum	percent will have to pay more than the me	arriadar out or poortor mint arriadan.
Unlimited except where otherwise ind	icated.	
Payment for out-of-network care**	Does not apply	Professional: 185% of Medicare
•	11 7	Facility: 185% of Medicare
Primary care physician selection	Does not apply	Does not apply
Precertification requirements -		
Some out-of-network services need a	pproval by us in advance (precertification	n). Without this approval, we reduce
	documents for a full list of services that n	
Referral requirement	Not required	None
Telehealth consultations - You can	access covered services for telehealth vi	isits from different kinds of providers in
your network. Log on to Aetna.com to	o see a list of telehealth providers. You'll	also find more about your options,
including cost share amounts.	·	
		visits from different kinds of providers in
	o see a list of virtual care providers. You'	Il also find more about your options,
including cost share amounts.		

CVS VIRTUAL CARE	IN-NETWORK	OUT-OF-NETWORK
CVS Health Virtual Primary Care (VPC) - preventive care	Covered 100%; no deductible	Not applicable

consultations

Includes screening and counseling services through CVS Health Virtual Primary Care for members age 18 and older; refer to Aetna.com for more information.



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CVS Health Virtual Primary Care (VPC) - consultations	Covered 100%; after deductible	Not applicable
	nsultations through CVS Health Virtu	ual Primary Care for members age 18
and older; refer to Aetna.com for a	<u> </u>	
CVS Health Virtual Care (VC) -	Covered 100%; after deductible	Not applicable
general medicine		
CVS Health Virtual Care (VC) -	Covered 100%; after deductible	Not applicable
mental health		• •
PREVENTIVE CARE	IN-NETWORK	OUT-OF-NETWORK
Routine adult physical exams/	Covered 100%; no deductible	Covered 100%; no deductible
immunizations		
	then 1 exam every 12 months age 65 a	
Routine well child	Covered 100%; no deductible	Covered 100%; no deductible
exams/immunizations		
 7 exams in the first 12 months 		
 3 exams from age 13 months to 24 in 		
• 3 exams from age 25 months to 36 i		
 1 exam every 12 months thereafter 		
Routine gynecological care exams		Covered 100%; no deductible
1 exam and pap smear per year, inclu		
Routine mammogram	Covered 100%; no deductible	Covered 100%; no deductible
Recommended: One per year for mer		
Women's health	Covered 100%; no deductible	Covered 100%; no deductible
Includes: Screening for gestational dia	abetes. HPV (Human- Papillomavirus) [ONA testing counseling for sexually
transmitted infections, counseling and	screening for human immunodeficienc	y virus, screening and counseling for
transmitted infections, counseling and interpersonal and domestic violence,	l screening for human immunodeficienc breastfeeding support, supplies and cou	y virus, screening and counseling for unseling.
transmitted infections, counseling and interpersonal and domestic violence, Also includes: contraceptive methods	I screening for human immunodeficienc breastfeeding support, supplies and cou (ACA mandated contraceptives, include	y virus, screening and counseling for unseling. Ing contraceptives and devices you can't
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Hearing exams 1 routine exam per 24 months.	Covered 100%; no deductible	Covered 100%; no deductible
Walk-in clinics	20%; after deductible	20%; after deductible
	care facilities. Sometimes they may be voffer some limited medical care and ser	
	, emergency rooms, the outpatient depa	rtment of a nospital, ambulatory
surgical centers, and physician offices.	Varia and aboring property damped	Varia cast aboring amount deponds
Allergy testing	Your cost sharing amount depends	Your cost sharing amount depends
	on the type of service and where you	on the type of service and where you
All and the form	receive it.	receive it.
Allergy injections	Your cost sharing amount depends	Your cost sharing amount depends
	on the type of service and where you	on the type of service and where you
	receive it.	receive it.
DIAGNOSTIC PROCEDURES	IN-NETWORK	OUT-OF-NETWORK
Diagnostic X-ray (Other than	20%; after deductible	20%; after deductible
complex imaging services)		
	for this service at their office, you pay y	our office visit cost share amount.
Diagnostic laboratory	20%; after deductible	20%; after deductible
	for this service at their office, you pay y	
Diagnostic complex imaging	20%; after deductible	20%; after deductible
	for this service at their office, you pay y	
EMERGENCY MEDICAL CARE	IN-NETWORK	OUT-OF-NETWORK
Urgent care provider	20%; after deductible	20%; after deductible
Non-urgent use of urgent care	Not Covered	Not Covered
provider		
Emergency room	20%; after deductible	Same as in-network care
Non-emergency care in an	50%; after deductible	50%; after deductible
emergency room		
Emergency use of ambulance	20%; after deductible	Same as in-network care
Non-emergency use of ambulance	Not Covered	Not Covered
HOSPITAL CARE	IN-NETWORK	OUT-OF-NETWORK
Inpatient coverage	20%; after deductible	40% after \$500 per visit deductible;
-		after plan deductible
When you're admitted into a hospital fo	r the care you need, your cost sharing a	
	,	
benefits you receive.		
benefits you receive. Inpatient maternity coverage	20%: after deductible	40% after \$500 per visit deductible:
Inpatient maternity coverage	20%; after deductible	40% after \$500 per visit deductible; after plan deductible
Inpatient maternity coverage (includes delivery and postpartum	20%; after deductible	40% after \$500 per visit deductible; after plan deductible
Inpatient maternity coverage (includes delivery and postpartum care)	,	after plan deductible
Inpatient maternity coverage (includes delivery and postpartum care) When you're admitted into a hospital fo	20%; after deductible r the care you need, your cost sharing a	after plan deductible
Inpatient maternity coverage (includes delivery and postpartum care) When you're admitted into a hospital fo benefits you receive.	r the care you need, your cost sharing a	after plan deductible mount counts toward all covered
Inpatient maternity coverage (includes delivery and postpartum care) When you're admitted into a hospital fo benefits you receive. Outpatient hospital	r the care you need, your cost sharing at 20%; after deductible	after plan deductible mount counts toward all covered 40%; after deductible
Inpatient maternity coverage (includes delivery and postpartum care) When you're admitted into a hospital fo benefits you receive. Outpatient hospital When you receive outpatient care at a covered benefits during your visit.	r the care you need, your cost sharing an 20%; after deductible nospital but don't stay overnight, your co	after plan deductible mount counts toward all covered 40%; after deductible st sharing amount counts toward all
Inpatient maternity coverage (includes delivery and postpartum care) When you're admitted into a hospital fo benefits you receive. Outpatient hospital When you receive outpatient care at a covered benefits during your visit. Outpatient surgery - hospital	r the care you need, your cost sharing an 20%; after deductible nospital but don't stay overnight, your co	after plan deductible mount counts toward all covered 40%; after deductible st sharing amount counts toward all 20%; after deductible
Inpatient maternity coverage (includes delivery and postpartum care) When you're admitted into a hospital fo benefits you receive. Outpatient hospital When you receive outpatient care at a covered benefits during your visit. Outpatient surgery - hospital	r the care you need, your cost sharing an 20%; after deductible nospital but don't stay overnight, your co	after plan deductible mount counts toward all covered 40%; after deductible st sharing amount counts toward all 20%; after deductible



Outpatient surgery - freestanding

State of Alaska -Political Subdivisions Effective Date: 07-01-2025 Open Choice® PPO - Alaska Qualified High Deductible Health Plan

20%; after deductible

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20%; after deductible

facility	20%, after deductible	20%, after deductible
	a hospital but don't stay overnight,	your cost sharing amount counts toward all
covered benefits during your visit.	, , , , , , , , , , , , , , , , , , , ,	,
MENTAL HEALTH SERVICES	IN-NETWORK	OUT-OF-NETWORK
Inpatient	20%; after deductible	40% after \$500 per visit deductible; after plan deductible
When you're admitted into a hospital benefits you receive.	for the care you need, your cost sh	naring amount counts toward all covered
Mental health office visits	20%; after deductible	20%; after deductible
Mental health telehealth consultations	20%; after deductible	20%; after deductible
Other mental health services	20%; after deductible	20%; after deductible
When you receive outpatient care at a covered benefits during your visit.	a facility but don't stay overnight, y	our cost sharing amount counts toward all
SUBSTANCE ABUSE	IN-NETWORK	OUT-OF-NETWORK
Inpatient	20%; after deductible	40% after \$500 per visit deductible; after plan deductible
When you're admitted into a hospital benefits you receive.	for the care you need, your cost sh	naring amount counts toward all covered
Residential treatment facility	20%; after deductible	40% after \$500 per visit deductible; after plan deductible
When you're admitted into a facility for you receive.	or the care you need, your cost sha	ring amount counts toward all covered benefits
Substance abuse office visits	20%; after deductible	20%; after deductible
Substance abuse telehealth consultations	20%; after deductible	20%; after deductible
Other substance abuse services	20%; after deductible	20%; after deductible
When you receive outpatient care at a covered benefits during your visit.	a facility but don't stay overnight, y	our cost sharing amount counts toward all
THERAPY SERVICES	IN-NETWORK	OUT-OF-NETWORK
Spinal manipulation therapy Limited to 25 visits per year	20%; after deductible	20%; after deductible
Outpatient short-term rehabilitation	20%; after deductible	20%; after deductible
Includes physical, occupational, and	speech therapies.	
Habilitative physical therapy	20%; after deductible	20%; after deductible
Habilitative occupational therapy	20%; after deductible	20%; after deductible
Habilitative speech therapy	20%; after deductible	20%; after deductible
Autism related physical therapy	20%; after deductible	20%; after deductible
Autism related occupational therapy	20%; after deductible	20%; after deductible
Autism related speech therapy	20%; after deductible	20%; after deductible
Autism related behavioral therapy	20%; after deductible	20%; after deductible
These benefits are combined with our		
Autism related applied behavior analysis	20%; after deductible	20%; after deductible
Your benefits for these services are the	he same as any other outpatient m	ental health other services benefit



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OTHER SERVICES	IN-NETWORK	OUT-OF-NETWORK
Skilled nursing facility	20%; after deductible	20% after \$500 per visit deductible; after plan deductible
Limited to 120 days per year		
	the care you need, your cost sharing am	ount counts toward all covered benefits
you receive.		
Home health care	20%; after deductible	20%; after deductible
Limited to 60 visits per year		
Private duty nursing not included.		
	rom a home health care agency. One vis	
Hospice care - inpatient	20%; after deductible	20% after \$500 per visit deductible; after plan deductible
you receive.	the care you need, your cost sharing am	
Hospice care - outpatient	20%; after deductible	20%; after deductible
covered benefits during your visit.	facility but don't stay overnight, your cos	_
Private duty nursing	20%; after deductible	20%; after deductible
Limited to 70 eight hour shifts per year		
We count each period of up to 8 hours		
Durable medical equipment	20%; after deductible	20%; after deductible
Diabetic supplies		
• If not covered under the prescription	You pay your PCP visit cost sharing	You pay your PCP visit cost sharing
drug benefit	amount	amount
If covered under the prescription	You pay your applicable prescription	You pay your applicable prescription
drug benefit	drug cost sharing amount	drug cost sharing amount
Infusion therapy - home/office	20%; after deductible	20%; after deductible
Infusion therapy - outpatient hospital/freestanding facility	20%; after deductible	20%; after deductible
Gene-based, Cellular, and other	Your cost sharing amount depends	Not Covered
Innovative Therapies (GCIT™)	on the type of service and where you	
	receive it.	
	20%: after deductible for gene	
	therapy drugs, if applicable	
	In-network coverage is provided at	
Haaring aida	GCIT™ designated facilities only.	Not Covered
Hearing aids	Not Covered	Not Covered
Transplants	20%; after deductible	20% after \$500 per visit deductible; after plan deductible
	In-network coverage is only available	Out-of-network coverage applies
	at Institutes of Excellence (IOE)	when you use a non-IOE facility. You
	contracted facility.	will pay more out of pocket when using a non-IOE facility.
Bariatric surgery	Not Covered	Not Covered
Acupuncture	20%; after deductible	20%; after deductible
Limited to 10 visits per year	2070, aiter deductible	2070, aiter deductible
Limited to 10 visits per year		



Alaska medical travel

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Covered 100%; no deductible

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Covered 100%; no deductible

reimbursement	2010104 10070, 110 4044011210	corona rooys, no academois
For Air Transportation to the nearest fa	cility equipped to diagnose and treatmer	nt of a non-emergency medical
	tation services REQUIRE prior approval	
plan documents.	iamon don nodo na gonta pinor approvar	and and carefoot to miniations, ever you.
	pinsurance, after deductible, for services	that are neither in-network nor out-of-
network.		
FAMILY PLANNING	IN-NETWORK	OUT-OF-NETWORK
Basic Infertility	Your cost sharing amount depends	Your cost sharing amount depends
,	on the type of service and where you	on the type of service and where you
	receive it.	receive it.
You have coverage for the diagnosis a	nd treatment of the underlying cause of i	
	nation and the diagnosis and treatment o	
Advanced Reproductive	Not Covered	Not Covered
Technology (ART)	1101 0010104	1101 0010100
Fertility preservation	Not Covered	Not Covered
Vasectomy	Your cost sharing amount depends	20%; after deductible
Tuo oo o	on the type of service and where you	2070, and addadnot
	receive it.	
Tubal ligation	Covered 100%; no deductible	20%; after deductible
PHARMACY	IN-NETWORK	OUT-OF-NETWORK
	e deductible before any benefits are con	
pharmacy plan.	e deductible before any benefits are con	sidered for payment under the
Pharmacy plan type	Advanced Control Plan - Aetna	
Prescription drug deductible	Prescription drug expenses apply to yo	our medical deductible
Prescription drug out-of-pocket	Prescription drug expenses apply to yo	
limit	r recompliant drug expenses apply to ye	an initialist of position in the
Preferred generic drugs		
Retail	\$20 copay	20% of allowed charges
Mail order	\$40 copay	20% of allowed charges
Preferred brand-name drugs	ψ 10 00ps.y	
Retail	\$40 copay	20% of allowed charges
Mail order	\$80 copay	20% of allowed charges
Non-preferred generic and brand-na		
Retail	\$60 copay	20% of allowed charges
Mail order	\$120 copay	20% of allowed charges
Pharmacy day supply and requirement		
Retail	You can get up to a 30-day supply fron	n Aetna National Network
		consible for the Mail Order Drug copay.
Mail order	You can get a 31-90-day supply from 0	
	Pharmacy.	
Specialty	You can get up to a 30-day supply of s	pecialty drugs
5,5 5 mily	Advanced Control Formulary Aetna Ins	
	,	



PLAN DESIGN & BENEFITS MEDICAL PLAN PROVIDED BY AETNA LIFE INSURANCE COMPANY

Your prescription drug plan also includes:

- Diabetic supplies
- \$25 copay maximum per fill per 30 day supply for formulary insulin drugs; no deductible for formulary insulin drugs
- A limited list of over-the-counter medications when filled with a prescription

Family planning

- · Oral fertility drugs included.
- Contraceptives covered up to a 12-month supply. Contraceptive copay strategy applies.

The following are covered 100% in-network:

- Oral chemotherapy drugs
- Seasonal vaccinations
- Affordable Care Act (ACA) eligible preventive medications and contraceptives

Refer to Aetna.com for a complete list of eligible prescription drugs.

Precertification requirements

Some covered prescription drugs need approval from us before we will cover the drug.

Some covered prescription drugs require step therapy before we cover them. With step therapy, you must first try one or more drugs before we will pay for drugs that require step therapy.

To get the most up-to-date precertification requirements and a list of drugs that require step therapy, see your plan documents or go online to your member website.

Choose generics with dispense as written (DAW) override - Sometimes your physician may say you need a brand-name prescription drug even if a generic is available. If so, you will pay the brand-name copay. If you ask for a brand-name prescription drug when a generic is available, you will pay the applicable brand-name copay plus the difference between the generic price and the brand-name price.

GENERAL PROVISIONS

Dependents who are eligible to be on your plan

Spouse, children from birth to age 26. Student status of children does not matter.

**We cover the cost of services based on whether doctors are "in network" or "out of network." We want to help you understand how much we pay for your out-of-network care. At the same time, we want to make it clear how much more you will need to pay for this "out-of-network" care.

You may choose a provider (doctor or hospital) in our network. You may choose to visit an out-of-network provider. If you choose a doctor who is out of network, your health plan may pay some of that doctor's bill. Most of the time, you will pay a lot more money out of your own pocket if you choose to use an out-of-network doctor or hospital.

When you choose out-of-network care, we limit the amount it will pay. This limit is called the "recognized" or "allowed" amount.

- For doctors and other professionals the amount is based on what Medicare pays for these services. The government sets the Medicare rate. Exactly how much we "recognize" depends on the plan you or your employer picks.
- For hospitals and other facilities, the amount is based on what Medicare pays for these services. The government sets the Medicare rate. Exactly how much we "recognize" depends on the plan you or your employer picks.



PLAN DESIGN & BENEFITS MEDICAL PLAN PROVIDED BY AETNA LIFE INSURANCE COMPANY

Your doctor sets his or her own rate to charge you. It may be higher -- sometimes much higher -- than what your plan "recognizes." Your doctor may bill you for the dollar amount that we don't "recognize." You must also pay any copayments, coinsurance and deductibles under your plan. No dollar amount above the "recognized charge" counts toward your deductible or out-of-pocket maximums. To learn more about how we pay out-of-network benefits visit our website.

You can avoid these extra costs by getting your care from Aetna's broad network of health care providers. Go to www.aetna.com and click on "Find a Doctor" on the left side of the page. If you are already a member, sign on to your Navigator member site.

This applies when you choose to get care out of network. When you have no choice (for example: emergency room visit after a car accident, or for other emergency services), we will pay the bill as if you got care in network. You pay cost sharing and deductibles for your in-network level of benefits. Contact us if your provider asks you to pay more. You are not responsible for any outstanding balance billed by your providers for emergency services beyond your cost sharing and deductibles.

This way of paying out-of-network doctors and hospitals applies when you choose to get care out of network. When you have no choice (for example: emergency room visit after a car accident), we will pay the bill as if you got care innetwork. You pay your plan's copayments and deductibles for your in-network level of benefits. Contact us if your provider asks you to pay more. You are not responsible for any outstanding balance billed by your providers for emergency services beyond your copayments and deductibles.

Plans are provided by: Aetna Health Inc. While this material is believed to be accurate as of the production date, it is subject to change.

Health benefits and health insurance plans contain exclusions and limitations. Not all health services are covered.

See plan documents for a complete description of benefits, exclusions, limitations and conditions of coverage. Plan features and availability may vary by location and are subject to change. Providers are independent contractors and are not our agents. Provider participation may change without notice. We do not provide care or guarantee access to health services.



PLAN DESIGN & BENEFITS MEDICAL PLAN PROVIDED BY AETNA LIFE INSURANCE COMPANY

The following is a list of services and supplies that are *generally* not covered. However, your plan documents may contain exceptions to this list based on state mandates or the plan design or rider(s) purchased by your employer.

- All medical and hospital services not specifically covered in, or which are limited or excluded by your plan documents.
- · Cosmetic surgery, including breast reduction.
- Custodial care.
- Dental care and dental X-rays.
- Donor egg retrieval
- Experimental and investigational procedures, except for coverage for medically necessary routine patient care costs for members participating in a cancer clinical trial.
- · Hearing aids
- Home births
- Immunizations for travel or work, except where medically necessary or indicated.
- Implantable drugs and certain injectable drugs including injectable infertility drugs.
- Infertility services, including artificial insemination and advanced reproductive technologies such as IVF, ZIFT, GIFT, ICSI and other related services, unless specifically listed as covered in your plan documents.
- Long-term rehabilitation therapy.
- Non-medically necessary services or supplies.
- Outpatient prescription drugs (except for treatment of diabetes), unless covered by a prescription plan rider and overthe-counter medications (except as provided in a hospital) and supplies.
- Radial keratotomy or related procedures.
- · Reversal of sterilization.
- Services for the treatment of sexual dysfunction/enhancement, including therapy, supplies or counseling or prescription drugs.
- · Special duty nursing.
- Therapy or rehabilitation other than those listed as covered.
- Weight control services including surgical procedures, medical treatments, weight control/loss programs, dietary regimens and supplements, appetite suppressants and other medications; food or food supplements, exercise programs, exercise or other equipment; and other services and supplies that are primarily intended to control weight or treat obesity, including Morbid Obesity, or for the purpose of weight reduction, regardless of the existence of comorbid conditions.

In case of emergency, call 911 or your local emergency hotline, or go directly to an emergency care facility.

Translation of this material into another language may be available. Please call Member Services at the number on the back of your ID card.

Puede estar disponible la traduccion de este material en otro idioma. Por favor llame a Servicios al Miembro al **1-888-982-3862.**

Plan features and availability may vary by location and group size.

For more information about Aetna plans, refer to www.aetna.com.



PLAN DESIGN & BENEFITS MEDICAL PLAN PROVIDED BY AETNA LIFE INSURANCE COMPANY

Aetna and MinuteClinic, LLC (which either operates or provides certain management support services to MinuteClinic-branded walk-in clinics) are both within the CVS Health family.

***This plan document provides you with an overview of some of your benefits and your cost share obligations. This information is for illustrative purposes ONLY. This document is not an official document and may differ from your Certificate of Coverage (COC), which is your official document. Refer to your COC for your coverage and services and any obligations on your part.

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ERROR REPORT		
	line any benefits that did not transfer from AQC to e.Proposal to print on the plan	
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